

# Welcome to the North Olmsted Preseason Meeting



# Meet the Athletic Dept. Staff

**Brett Koch**  
**NOHS AD**



**Paul Ruggles**  
**Assistant AD**



**Jen Kuharik**  
**NOMS AD**



**Jo Capasso**  
**Athletic Dept. Secretary**



**Stacy Slack**  
**Athletic Trainer**



**Mr. Jim Koontz**  
**NOHS Head**  
**Principal**



**Mr. Bryan  
Busold**  
NOMS Head  
Principal



# NOCS Drug Testing



Vaping and  
Juuling Policy  
- See student  
handbook

Random Testing throughout  
the school year

\*Must complete drug consent  
agreement form to participate

# Athletic Training Services

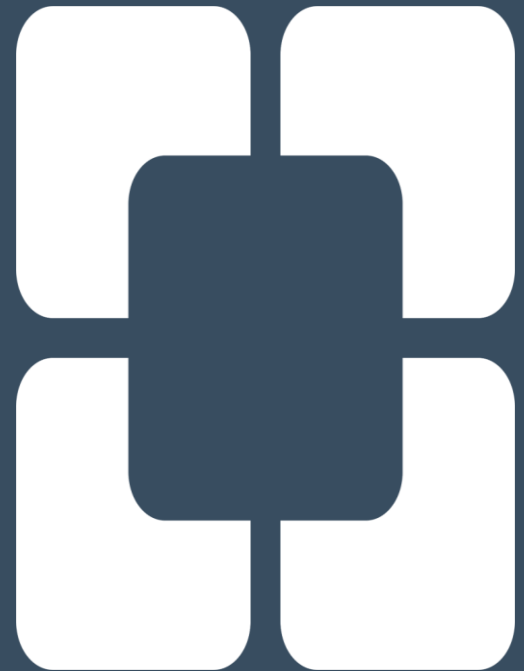
Stacy Slack, MS,AT

Athletic Trainer

Cleveland Clinic Sports Medicine

Athletic Training Room phone 440-588-5825

[stacy.slack@nolmsted.org](mailto:stacy.slack@nolmsted.org)



# What do I do?

- Prevention of injury/illness
- Evaluation/Assessment of injury/illness
- First aid and emergency care
- Rehabilitation
- Counseling and guidance
- Daily communication with AD and coaching staff
- Assist with physician referrals



# Availability

- Athletic Training Facility Hours:
  - Hours vary by season and events, typically
    - Fall 2:30-6:30
    - Winter 2:30-6:00
    - Spring 2:30-5:30
  - Home event coverage
  - Saturday: Varies depending on schedule
  - High School Athletic Training Facility used for all sports
  - Stadium Athletic Training Facility used for fall/spring sport games/practices

# Team Physician: Dr. Molly McDermott

- Cleveland Clinic Sports Medicine
- Treats patients in Fairview, Brunswick, and Middleburg Heights.
- On the sidelines at home football games.
- See Stacy to help facilitate an appointment!



# Injuries

- Inform athletic trainer *ASAP* of all injuries
  - Practice, home games, and away games
- **Any athlete who sees a physician for an injury or illness, MUST have a note signed and dated by the treating physician allowing him/her to return to participation. NO EXCEPTIONS.**
  - Diagnosis
  - Any treatment needed
  - Clearance for return to sport

# Sports Medicine Care

[clevelandclinic.org/SportsCare](https://clevelandclinic.org/SportsCare)



*Learn more about our sports medicine services or schedule an appointment with a sports medicine specialist.*

# Athlete Injury Online Self-Scheduling

[clevelandclinic.org/athleteinjury](http://clevelandclinic.org/athleteinjury)



*Get quick access to a sports medicine specialist for your athlete's sports injury.*

# Ortho Express Care

[clevelandclinic.org/orthoexpress](http://clevelandclinic.org/orthoexpress)



*Avoid the Emergency Department if you or a family member (ages 2 and older) have a joint, muscle or bone injury.*

# Saturday Morning Injury Clinic

- Walk ins from 8AM -11AM
- August 23 – October 25
- 5555 Transportation Blvd.  
Garfield Heights 44125



# Emergency Medicine

- Epi-pen
- Diabetic needs/glucose
- Inhaler
- Contacts

Athletes must have items needed and accessible by coach and Athletic Trainer in case of an emergency. Medication form must be turned in to the school.



# Concussion Management

- Mandatory baseline testing for contact sports, utilizing ImPACT and/or C3 concussion management system
  - All concussions must be reported to the athletic trainer
  - Electronic injury tracking
  - Systematic management and gradual return to play after physician clearance. This is Ohio law!
  - Work with school administration to provide academic accommodations, if required.
  - All suspected head injuries must be cleared by a physician (MD or DO).  
-THIS IS OHIO LAW
- We attempt to provide the safest, most comprehensive and most up to date care for your athlete.

# Thank You

**Stacy Slack , AT**

stslac@ccf.org

stacy.slack@nolmsted.org

Athletic Training Room 440-588-5825

**RESOURCES**

 Cleveland Clinic  
Sports Medicine

 Athletic Injury  
Self-Scheduling  
Tool

Get quick access to a sports medical specialist for your athlete's sports injury.

 Cleveland Clinic  
Sports Medicine

Learn about Sports Medicine care.

# EAGLE BOOSTERS

\$20 - BLACK & ORANGE

\$50 - EAGLE

\$100 - VARSITY

\$250 - HALL OF FAME



**JOIN TODAY**



SENIORS MUST JOIN BY DECEMBER 31st TO BE ELIGIBLE TO WIN AN END OF THE YEAR SCHOLARSHIP

<https://north-olmsted-eagles-boosters.square.site/>

# Eagle Boosters



**SENIORS**  
**\$8,000 in Booster Scholarships**  
**this year**

# Eligibility

**NOCS - GPA BOE  
APPROVED**

**\*NEW THIS YEAR\***

**ALL STUDENTS  
MUST HAVE A 1.5  
GPA**



- **Student must have received passing grades in the following:**
  - **minimum of five (5) one-credit courses at NOHS**
  - **minimum of four (4) courses at NOMS**
- **You are responsible for your own compliance**

# Eligibility Reminders

**1<sup>st</sup> Quarter – Determines Fall & Winter Eligibility**

**2<sup>nd</sup> Quarter – Determines Winter & Spring Eligibility**

**3<sup>rd</sup> Quarter - Determines Spring Sports Eligibility**

**4<sup>th</sup> Quarter - Determines Fall Sports Eligibility**



Monitor your  
child's grades,  
attendance,  
assignments  
and more  
online!

A flyer for PowerSchool for Parents and Students. The flyer is divided into two main sections. The left section is white and features the text "PowerSchool is now Portable" in red and black. Below this, it says "PowerSchool for Parents &amp; PowerSchool for Students" and shows a smartphone displaying the PowerSchool for Parents app. The right section is yellow and features the Pearson PowerSchool logo at the top. Below the logo, it says "Pearson PowerSchool" and "Monitor your child's grades, attendance, assignments and more online!". At the bottom, it says "IMPORTANT" and "Every parent needs to Create an Account And link their student(s) to the account using the Access ID and Access Password provided by the district."

# Additional OHSAA eligibility information:

- ❖ **Summer school** courses cannot be used.
- ❖ A student's overall **GPA has no impact** on eligibility.
- ❖ High school student – turns **20** – immediately ineligible
- ❖ Middle school student – turns **15 before August 1st** – immediately ineligible
- ❖ *To maintain eligibility, high school students must have received passing grades in a minimum of five one-credit courses, or the equivalent, in the immediately preceding grading period*
- ❖ Athlete will be ruled ineligible if they compete on a **non-high school team** during their season. **No summer league practices during the season and no ID camps.**

# Additional OHSAA eligibility information:

- ❖ Students taking **College Credit Plus** must comply with OHSAA standards.
- ❖ All **home educated, non-public, community and STEM school students** participating at public schools must also comply with OHSAA scholarship standards.
- ❖ *If you are thinking about dropping a course or changing your schedule, it is critically important that you **contact the guidance or athletic departments PRIOR to making the decision.***



# NEW: NAME, IMAGE, & LIKENESS

“ What is NIL?

“ The use of self publicity due to public recognition (athletic fame) and/or the notoriety a student may attain to receive a benefit through appearances, licensing, social media, endorsements and/or the use of branding.

“ What isn't NIL?

“ Pay for play!

“ OHSAA Bylaw 4-10 still prohibits students from receiving compensation based on their participation or finish in athletic contests.



## NEW: NAME, IMAGE, & LIKENESS

“

What criteria must an NIL agreement abide by? (Bylaw 4-11-2)

- a. Student does not utilize OHSAA or school logos, names, mascots, trademarks, or other proprietary marks during promotions.
- b. Agreements may not be provided by schools or agents of schools (i.e. Boosters, Collectives, Foundations, Coaches, etc.).
- c. Student does not engage in NIL activity during school hours or during team activities, including travel to and from events.
- d. Agreement may not be based on athletic performance.
- e. Student may not be induced to attend a specific school based on an NIL deal.



## NEW: NAME, IMAGE, & LIKENESS

“ What criteria must an NIL agreement abide by? (Bylaw 4-11-2)

- f. Student may not display the company's logo or product during team activities.
- g. Student may not provide benefits to the school or team with which he/she is participating.
- h. Agreement does not involve gambling, alcoholic beverages, tobacco, cannabis, banned or illegal substances, adult entertainment products or services, firearms or other weapons.
- i. Student is responsible for determining effect on college eligibility.



## NEW: NAME, IMAGE, & LIKENESS

“

A student engaged in an NIL deal must disclose the terms of the agreement to the OHSAA within 14 days of the execution of the contract.

“

Failure to do so will result in a period of ineligibility up to 20% of the current sports season.

“

Visit <https://www.ohsaa.org/Eligibility/NIL-Resource-Center> for more information on how to report the deal to the OHSAA.

“

Students and families are encouraged to seek professional advice, understand contracts thoroughly and prioritize academic and athletic commitments. These activities should be regarded as a business, and students should stay compliant with school and state regulations and focus on building a strong support system to avoid mismanagement of funds and protect future opportunities.



# NEW: NAME, IMAGE, & LIKENESS

## ““ Final Notes:

““ Students are prohibited from entering into agreements with athlete agents, as defined within ORC 4771.01. (Bylaw 4-10-2f)

““ Students whose transfer can be reasonably linked to an NIL deal may be subject to more severe penalties than the general transfer consequence.

““ It is not the responsibility of school coaches or administrators to secure agreements for student athletes.

““ If you have any questions, feel free to email [personalbranding@ohsaa.org](mailto:personalbranding@ohsaa.org)

# OHSAA Transfer Policy:

- ❖ *Once eligibility has been established at a member high school and you transfer to another school, you will be ineligible for all contests **after the first 50 percent of the maximum allowable regular season contests** have been competed in any sport in which you participated during the previous 12 months. You will also be **ineligible for the OHSAA tournament.***
- ❖ If you have transferred this year, you must ensure all required paperwork has been submitted to the OHSAA AND the state office has granted approval for eligibility. Please follow up in the athletic office & guidance office.
- ❖ Immediate eligibility will be granted only if one of the exceptions to the OHSAA transfer regulations has been met.
- ❖ Visit [OHSAA.org](http://OHSAA.org) for a complete explanation of OHSAA eligibility requirements.

# Eligible to practice and compete

It's Cool to be in School



- Students must be in school by 11:30 AM @ NOHS and 10:30 AM @ NOMS to practice or compete in any extracurricular activities.
- Students must be in school the 2<sup>nd</sup> half of the school day.
- If a student leaves school ill and unexcused they will be ruled ineligible to compete on that school day.
- Exceptions may be granted to students who are excused for field trips, funerals, religious holidays, etc. (note or proof must be provided).

# **Athletic Participation Forms**

**MUST BE COMPLETED ONLINE**

**<https://account.students.arbitersports.com/signup>**

Updated Physical Form\*

Concussion Form

Sudden Cardiac Arrest Form

Athletic Handbook

Drug Testing Consent Form

**ALL FORMS MUST BE COMPLETED FOR  
STUDENT - ATHLETE TO PARTICIPATE**

# Purpose of Interscholastic Athletics

Complements your school experience and promotes a lifetime appreciation for sports and healthy lifestyles.

Helps prepare you for the next level of your life as a responsible adult and productive citizen.

**The success of a team is more important than individual awards.**

**Participation in interscholastic athletics programs is a privilege... not a right.**



# North Olmsted Athletic Department Handbook


## Spectator Code of Conduct



ABOUT THE DISTRICT    SCHOOLS    BOARD OF EDUCATION    DEPARTMENTS    PARENTS

North Olmsted High School Home

- Principal's Message
- School Profile
- Building Calendar
- Building Map
- Counselor Corner
- Academics
- Athletics**
- Attendance



North Olmsted High School News

*Be a great  
example!*

*Be a great  
teammate!*

District website (above) or  
<https://northolmstedathletics.org>

# Parent Reminders

- Be the best version of yourself
- Encourage but don't pressure
- Be a great sport to coaches, fans, and officials
- Keep winning and losing in perspective
- Support your child and the team
- Nothing is gained through negativity
- Do not embarrass your child, your family, the North Olmsted City Schools, or our community

Ask your child what do you want from this season.

What is a successful season?

Good Parents  Kids

# Code of conduct and social media

Keep an eye on  
your children

Make smart  
choices

*One bad tweet  
can be costly for  
a student athlete*

Several students have  
been suspended from  
teams for social media  
content



# NORTH OLMSTED ATHLETICS



**FOLLOW US**

**NOHS**

**@NOEAGLES**

**NOMS**

**@ATHLETICSNOMS**

# North Olmsted Athletics Calendar

THE OFFICIAL SITE OF  
**NORTH OLMSTED ATHLETICS**

NEWS TICKETS LIVESTREAM ATHLETE REGISTRATION SHOP

**ATHLETICS**

- SCHEDULES
- NEWS
- FORMS

**INSIDE ATHLETICS**

- STAFF DIRECTORY
- FACILITIES
- OHSAA
- SOCIAL MEDIA
- CAMPS
- LINKS
- BOOSTER INFORMATION
- CWC

**SPRING SPORTS PICTURE SCHEDULE**  
**TUESDAY, MARCH 10**  
**NOHS MAIN GYM**

- 3:15 PM - Tennis
- 3:35 PM - Softball
- 3:55 PM - Baseball
- 4:15 PM - Boys Track
- 4:35 PM - Girls Track

SCAN Here  
Cavanaugh Photography  
cavanaughphoto.com/order

Use the QR code above to place an order.

**MASCOT MEDIA**

Nominate Your  
Recognizing the best of  
high school broadcasting

Composite Calendar

**Click Here**



The most up to date and accurate information will be on the athletics website. See the Twitter feed for Site and time adjustments

# North Olmsted Athletics Calendar

**All Teams** **Composite Schedule** **Import Calendar...**

**March 2026**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
10a Girls Varsity					5p Boys Varsity	9a Boys Varsity

**Select the individual sports or leave as All Teams**

**Select to choose how to Import to your calendar**

# Game Cancellations

See the Twitter  
feed for  
important  
Schedule  
Changes or  
Cancellations



# College Bound Athletes

Must register for the NCAA  
clearing house at  
[www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net)



The Clearinghouse  
processes academic  
qualifications for all  
prospective Division I and  
Division II athletes and  
determines whether they  
are eligible to compete.

THANK  
YOU



GO  
EAGLES